

PE Newsletter 16th- 20th November

Year 8

Year 8 Boys Football

The year 8 boys were given a tough draw at home to reigning champions Benjamin Britten in round 2 of the county cup after a convincing win the previous round. This match was a repeat of last years county cup semi final. In a very cagey, scrappy game, Stowmarket put up an unbelievable fight and easily matched Benjamin Britten. With a game of very few chances, Benjamin Britten took the lead just before half time but Stowmarket had a great chance from Nico B to level but unfortunately couldn't convert. Second half and a very even game, Stowmarket battled fiercely and limited Benjamin Britten to no chances but Stow had a brilliant chance when Ezra B rounded the keeper and his shot from a very acute angle hit the inside of the post and rolled along the six line box (so unlucky). Stowmarket went for it and threw everything at trying to get equaliser but unfortunately it wasn't to be. No team deserved to be on the losing side in this match. An unbelievable team effort and spirit, but

stowmarket still have something to look forward to with a semi final West Suffolk cup match after xmas. Well done lads, you did yourselves and the school proud! Mr Andrews

Year 8 Netball



Last week the year 8's went to the western area tournament to play the remaining schools. The girls played 3 games in a row and went from strength to strength. Joss made an impact at centre before having to come off with injury which led Sophie to take the role at centre, giving Roux, Mila and Immy the opportunity to switch around the shooting between them, they were all fabulous! Eloise and Charlotte were a fantastic defensive duo, intercepting many passes and getting the ball up in to the attacking third and with Hollies strong passes as GK, she made sure the ball was out of danger quickly. A fantastic afternoon of netball with the girls winning all games throughout both tournaments.

Year 9

Year 9 Netball County Finals

The Year 9 girls' netball team competed in the county finals on Tuesday, facing a challenging afternoon against some very strong opposition from local independent schools.

Although the team unfortunately didn't manage to secure a win, they showed excellent resilience, determination and teamwork throughout the tournament, continuing to work hard and compete right until the end.

A special mention goes to Ellie Barnard, who was named Player of the Tournament following some outstanding defensive performances. She was superb throughout the afternoon!

Well done to all the girls for their efforts and for representing the school so brilliantly.

Year 9 Boys Futsal

The year 9 boys took part in the Futsal tournament against Hartismere, Debenham, and Stowupland.

We started the tournament well, taking a 3-1 lead against Debenham thanks to goals from Oscar, Zac and Korey. However, we were unable to hold this lead, ending the game losing 4-3.

Next, we played Stowupland, in a game full of limited chances, Stowupland were the more decisive in front of goal scoring 3 meaning we lost 3-0 and, unfortunately were out of teh torunament.

Our final game against Hartismere saw us play with a freedom that we did not have u orevious games. We battled hard and played some effective football, but alas, we ended the game losing 3-1 against the eventual winners.

Overall, considering the lack of experience and exposure to playing Futsal, the boys should be very proud of their efforts, especially Kason in goal who made some excellent saves throughout the tournament.

Well done to all involved, and on to the next!

U14 Girls Rugby

A small number of girls head to Ipswich Rugby Club this week for the develop tournament of u14 rugby. As we had a small squad we joined with Felixstowe to make a Felix-Stow team. Led brilliantly by Sapphire the girls went straight into their first game against the tough opponents of Finborough. We held onto the ball brilliantly and made some strong runs, making the first try of the game. Finborough came straight back with a very strong runner who ended up making a number of tries against us despite some great attempts for tackles from our side. Ruby and Olaya made some fantastic runs in the game but unfortunately the first game was a loss by 2 tries. The second game saw great improvement in the defensive line and runs from Ada, Georgia and Emily allowing our team to make a number of tries, leaving us with a draw. The last 2 games of the evening showed amazing effort all round. Special mention to Ruby and Ada for putting in some incredible tackles and Olaya and Sapphire for gaining so much ground with their runs. Coming away with 2 wins, a draw and a loss from a team made up of two schools on the day shows credit to their efforts. A great afternoon of rugby for all.

Year 10

U15 boys Rugby

An incredibly large squad of players made their way over to Stowmarket rugby club this week for the Western Area Tournament. First game up against Castle Manor was a tough and physical match that saw a scrappy start, but once the boys settled into the game and set play up better, they went on to take the first win. Shout out to Will for organising the team and to Cody, Ben and Ben for incredible scrums. The second game showed much better organisation, especially within the rucks, with scrum half Caleb being a fantastic link between players. Roman making some strong runs through a number of players and Ryan, Jack and Bailey making some great tackles were just a few of the highlights in a great win. The third game saw some debuts from our players including Ronny going from wing to scrum half and Jack and Jake on the wings. David and Frazier did a great job of organising both the forwards and backs throughout the game, with some strong mauls and lovely passing leading to another win. The boys continued the winning streak for the afternoon showing some lovely rugby. Henry and Martin got some game time and showed their ability in playing up a year. Ollie showed outstanding versatility in a number of positions throughout the games and it was lovely to see the tries shared out by many of the players over all the games. A fantastic afternoon of rugby showing great sportsmanship, effort and skill throughout. Well done boys!

U15 Girls Football



A tough result for our Year 10 girls today as they faced Farlingaye, coming away with a 2–0 defeat.

Despite the scoreline, the girls put in a fantastic effort, showing great determination, teamwork and resilience throughout the match. A special mention goes to Lylah, who pulled off some lovely saves in goal to keep us in the game!

A massive thank you to Keri and Martha, who stepped in at the very last minute to make sure we had a full team of eleven. Your willingness to help out was hugely appreciated!

Although the result didn't go our way, the girls should be proud of their efforts and the way they represented the school.

Year 11

Year 11 Netball County Finals

The U16 girls represented the team brilliantly at the County Netball Finals, facing a challenging day against some very strong opposition, with all teams coming from independent schools.Despite the tough competition, the girls showed great determination, resilience and teamwork throughout the tournament, competing hard and never giving up.

There were some excellent individual performances across the court. Keri, Izzy and Sienna were outstanding in the defensive third, working brilliantly together to put pressure on the opposition, make interceptions and disrupt their attacking play.

Ellen was excellent at centre, covering every inch of the court, linking play and working tirelessly in both attack and defence.

In the final third, Alaemea and Lucy worked hard to create scoring opportunities, showing great movement and determination to drive the ball towards the shooting circle.

Although the results may not have gone our way, the girls should be incredibly proud of how they competed against such strong opposition. They showed great character, supported one another and demonstrated some fantastic netball throughout the day.A valuable experience for the squad and plenty of positives to take forward. Well done, girls!

Upcoming Fixtures

Tuesday 24th November:

- Year 8 Girls futsal @ SHS (3:10-5:00pm) J.Howland
- Year 10 Boys Football @ Castle Manor (1:40-5:00pm) W.Swann/ T.Popham-Cooper

Wednesday 25th November:

- Year 7 Netball @ TCC (3:00-5:30pm) F.Harvey

Thursday 26th November:

- U16 Dodgeball @ SHS (3:10-4:45)

- Year 9 Girls Football @SHS vs Northgate (2:45-4:15) J.Howland