

PE Newsletter 9th- 13th November

Year 9

Year 9 Girls Futsal

Year 9 Girls Futsal – West Suffolk Champions!

The Year 9 girls competed in the West Suffolk Futsal Competition on Tuesday this week, facing Stowupland, Debenham and Ormiston Sudbury.

They got off to a fantastic start against Debenham, dominating from the first whistle. Emily W led the scoring with an impressive five goals, alongside strikes from Olaya and Lily D, securing a convincing 7–1 victory.

Their next fixture against Ormiston Sudbury proved to be a much tougher challenge. Going behind in the opening minute, the girls showed great determination and resilience to fight their way back into the game, with Emily scoring a late equaliser to secure a 1–1 draw.

Going into their final game against Stowupland, the girls knew that a win would see them progress to the County Finals. They stuck brilliantly to their game plan, pressing high and scoring two early goals through Emily, both assisted by Demi. The girls then worked incredibly hard defensively to protect their lead, with Ruby making some fantastic saves in goal.

They saw the game out brilliantly to secure the victory and, more importantly, **win the West Suffolk Tournament!** This means the girls have qualified for the Futsal County Finals after Christmas.

A fantastic team performance, showing determination, teamwork and quality throughout the competition.

Well done, girls – an excellent achievement!

Year 11

Year 11 Girls Football- County Cup

On Tuesday our Under 16 girls football team made up of year 10 and 11 students, faced Hartismere in the second round of the county cup, following an impressive 7-4 victory in the first round vs Thurston.

It was a closely contested game with both sides creating chances throughout. Ava and Isla worked tirelessly to control our midfield whilst Willow caused problems with some excellent runs on the right wing.

Meanwhile at the back, Bea and Mylee T made some crucial tackles to keep Hartismere at bay, whilst Lylah in goal was there to make some crucial saves when needed.

The breakthrough finally came when Isla set up Willow with a brilliant though ball, that Willow calmly finished.

The team showed great determination throughout and now progress onto the county cup quarter finals.

Year 11 Boys Football



The year 11 boys are through to the next round of the schools county cup following a highly competitive victory on penalties against Farlingaye.

Farlingaye started the game strongly and took the lead on 15 minutes when a through ball found its way across the penalty area to an unmarked striker who made no mistake. Stowmarket gradually grew into the game as the half progressed, creating a number of chances, with the best falling to Ty just before the half time whistle.

Early on in the second half, Stowmarket were awarded a penalty, which Captain Leyton confidently dispatched into the top corner to bring the scores level. The game was evenly contested from this point onwards with both teams cancelling each other out and creating very little to sperate them. With either side able to find a winner, the match went to penalties.

Stowmarket eventually emerged victorious, winning the shootout 5–4. Leyton, Lewis, Finley and Ben all converted their penalties, before Pablo produced a crucial save from Farlingaye's third attempt. This left Bobby with the opportunity to step up and slot home yet another winning penalty, sending the boys through to the next round, where they will face Westbourne.A high-quality, competitive game of football, with the boys showing great character and composure to come through a tense penalty shootout. Well done to all involved!

Upcoming Fixtures

Monday 16th November:

- Year 11 Netball @ Ipswich School (1:00-5:30) J.Howland

Tuesday 17th November:

- Year 9 Netball @ Ipswich School (1:00-5:30) J.Howland

- Year 8 Netball @ TCC (3:30-5:30) G.Whitfield

Wednesday 18th November:

- Year 10 Girls Football @ SHS vs Farlingaye (3:10-5:00). F.Harvey

Thursday 19th November:

- Year 10 Boys rugby @ Stow Rugby Club (1:30-4:30) G.Whitfield
- Trampolining Practice (3:10-4:30) J.Howland
- Year 8 Boys football vs Benjamin Brittan @ SHS (2:30-4:00pm) L.Andrews
- Northampton Saints Rugby Club @ SHS (3:10-4:30pm) Years 7-10
- Year 10 Girls Football @ SHS vs Farlingaye (3:10-5:00). F.Harvey