

Lesson No	Area of study	Topic	Learning Objectives	Activities (extra task in brackets)	New Key Terms	Resources
1 2	Misc	Introduction to PSHE	To understand how PSHE will be split into different areas of study To view the topics which will be taught over the year To look at class rules and expectations To explain informal assessment	Q and A Discussion Video clips Question time activity PSHE reading list	Health and wellbeing Relationships and sex education Futures Living in the wider world Informal assessment	PPT Introductory booklet
3 4	Living in the Wider World	County Lines/CSE	Increase student awareness of county lines Alert students to how it works in our society Raise awareness of the issue to help students make better and more informed choices	Q and A Discussion Video clips Pair/group work (Definition quiz)	Exploitation Expendable Grooming Going country Trapping Trap house Trap line	PPT LWW booklet
5 6	Living in the Wider World	Organised Crime Gangs	To explain the reasons why some people might get involved in serious and organised crime To describe the far-reaching consequences of getting involved in serious and organised crime To explain the factors and strategies that can help people avoid, or get out of, serious and organised crime To describe positive ways in which young people can make the most of their skills and abilities	Structured mind map Discussion Pair work Group work Body map A year in the life... TPS Letter writing	Risk association Transnational network Internal pressures External pressures Deprived areas Respectable career Educational welfare officer	PPT LWW booklet

7 8	Living in the Wider World	Exploring blood, organ and stem cell	To identify the steps involved in blood, organ and stem cell donation To describe how it might feel to be part of the donation process To analyse the importance of donation for individuals and for society	Discussion Mind map Cluster activity Video clip Post it note activity (Message board)	Blood, organ and stem cell donation Transfusion Transplant Bone marrow donation Component parts Blood groups Tissue types	PPT LWW booklet
9 10	Living in the Wider World	Loss and Bereavement	To be able to discuss and define grief and bereavement To describe the impact a death may have on a young person To reflect on people and things that I can be grateful for.	Class discussion Video clips Finish the sentence... Mind map Learning about loss cards (Acrostic poem)	Grief Impact Sudden death Unexpected death Expected death Violent death Day of the dead Qingming	PPT HWB booklet
11 12	Health and Wellbeing	Male mental health	Understand the stigma surrounding male mental health problems Consider attitudes about male mental health Exhibit a realistic and positive understanding of mental health	Video clips Discussion	Masculine Inadvertently Appearance shaming Taboo	PPT HWB booklet
13 14	Health and Wellbeing	Eating Disorders	To become more aware of the most common types of eating disorders and their symptoms and warning signs To examine what leads to eating disorders developing To develop understanding and empathy towards people who suffer with these conditions Explain the dangers of eating disorders	Discussion Video clips Fact sharing Q and A Reading task Key word task	Anorexia Nervosa Bulimia Nervosa Binge Eating Disorder Obsessive desire Psychological addiction Positive self perception Negative self perception	PPT HWB booklet

15 16	Relationships and Sex Education	Contraception Pros and Cons	To know what contraception is To consider different methods of contraception and to understand their effectiveness.	Videos True/false cards Discussion Pros and cons activity Pyramid task	Cap Combined pill Condoms (female) Condoms (male) Contraceptive implant Contraceptive injection Contraceptive patch Diaphragms Intrauterine device (IUD) Intrauterine system (IUS) Natural family planning Progestogen-only pill Vaginal ring Female sterilisation Male sterilisation (vasectomy)	PPT RSE booklet
17 18	Relationships and Sex Education	Pregnancy, abortion and miscarriage	To discuss current understanding of pregnancy, abortion and miscarriage To understand the phases of pregnancy To look at the causes and commonalities of miscarriage To examine the law around abortion	Discussion Video clips Case study Fill the gaps Question cube	Antenatal Foetus Scans Termination Conception Anaesthesia Surgical procedure Non judgemental Embryo Stillbirth	PPT RSE booklet
19 20	Relationships and Sex Education	Parenthood	To describe the benefits of being in a committed, stable, positive relationship. To identify the rights, roles and responsibilities of parents with respect to raising children. To evaluate the characteristics of successful parenting.	Discussion Mind Map Diamond 9 TPS Videos 'You are the parent...' task	Committee Stable Maintenance Responsibility Consistency (Rules) and regulations	PPT RSE booklet

21 22	Futures	WEX preparation, CV production and contacting employers	See HUT for more details about SOW			
23 24	Futures	CV production / contacting employers	See HUT for more details about SOW			
25 26	Relationships and Sex Education	LGBTQ+	An understanding of LGBTQ+ and the history An awareness of stereotyping and stigma An awareness of where to get help and support	Q and A Discussion Video clips Quiz Tweet	Persecuted Transsexual Questioning Intersex Ally Asexual Pansexual Stigma	PPT RSE booklet
27 28	Relationships and Sex Education	Taboo Self-examination FGM Menopause	Understand the importance of checking your body on a regular basis. Gain more knowledge of the process of FGM. Raise awareness of menopause and its affects on you, your family, friends and colleagues. To learn about the changes happening in a female body as it goes through the menopausal transition To find out more about the symptoms	Key terms Video clips Discussion Facts Post it activity Jigsaw chart	Self examination Breast cancer Testicular cancer Female Genital Mutilation Female circumcision Criminal offence Global prevalence	PPT RSE booklet
29 30	Futures	Preparing for the workplace / work experience	See HUT for more details about SOW			

31 32	Catch Up					
33 34	Futures	Work experience reflection lesson and CV updating	See HUT for more details about SOW			
35 36	Relationships and Sex Education	Inappropriate Behaviour Harassment and Stalking	To define the terms stalking and harassment To identify the behaviours associated with stalking To explain what to do if someone feels they or someone they know is the target or perpetrator of stalking or harassment	Concept map Discussion Tips Scenarios Q and A Timeline Activity Postcard Activity	Harassment Inappropriate behaviour Stalking Unwanted attention Fixation Obsession	PPT RSE booklet
37 38 39 40	Health and Wellbeing	Eclectic lesson	To review topics covered PSHE including childhood neglect, friendship, addiction, alcoholism, recovery, the obscurity of life, teasing, loneliness, mental illness, autism (Asperger Syndrome in particular), obesity, suicide, depression, isolation and anxiety.	Movie DVD		Mary and Max movie