



PE Newsletter 21st- 25th October

Year 7

Year 7 Netball



The year 7 netball team competed in another league game this week where they faced IES Breckland. The first half was tight with the girls on level terms after the first half. In the second half the girls extended their lead, through **Olaya Lopez**. Excellent work by **Lily Pemberton** in the mid-court, allowed us to retain possession and come away with the win. The girls remain unbeaten in their league with some more games to play after half term. Well done,



Year 7 Boys Football

A team

The year 7 A team played their first competitive fixture for the school against a strong Thomas Gainsborough side in the county cup on Tuesday. Unfortunately, the result did not go in their favour and were beaten 4-0 by a strong opponent. The boys came close on multiple occasions and were fighting until the final whistle. Their effort and work-rate throughout the game was amazing and the boys should be proud. Jake Fox deserves a special mention because he worked all over the pitch and was encouraging towards the rest of the team. The boys will continue their cup run after half-term when they face King Edward VI in the West Suffolk cup.

Development team

The year 7 boys football team played a development tournament at Stowupland school on Monday. The tournament was made up of 4 teams, 2 from Stowupland, Ixworth and Stowmarket. Despite losing all of their games, the players showed a lot of character and resilience in their games and they should be proud of their work. Some key players that deserve a special mention are James Carter, Kason Hawes, Logan Durler, Joshua Ling and Regan Sharpe. However, all of the players should hold their heads high.

Year 8

Year 8 Girls Football

On Wednesday, our year 8 girls played Ormiston Sudbury Academy in the first round of the West Suffolk Cup. Playing 11-a-side for the first time, the girls got off to a strong start, with Mylea King scoring the first goal two minutes after kickoff. We continued to apply pressure as Ormiston settled into the game, which allowed Ellie Fountain to score our second goal with her left foot. We then received a penalty which Mylee Thompson calmly took upon herself, which she slotted home. A big well done to Ruby Appleby, Emily Williams, Olaya Lopez Senis, and Ellie Barnard who stepped up from Year 7 to join us. We're current champions of the West Suffolk Cup, and with our 3-0 win, we are on the way to becoming cup winners again as we go into the second round.



Year 8 Netball

The year 8 netball team faced IES Breckland on Thursday evening in another league game. Missing a few key players (due to the school production auditions) the girls adapted well, with a few year 7 girls playing in their places. The girls did well throughout the game, with **Matilda Aldous** dominating the defending third, and **Keri Nauvunivuni** dominating the attacking third. The girls came out eventual winners and remain unbeaten. Thank you must go to **Mollie Bonnett** and **Lydia Palma** who came out to play at the last moment, after their school production auditions to help the girls out! They did a fab job so well done :)



Year 10

Year 10 Boys Football

Year 10 Under 15's Participation team vs Ixworth

Stowmarket's keen Participation team welcomed Ixworth in a friendly Match. After seeking for our first ever goal in an 11 aside format, Mr Andrews tactics backfired early doors opting for the attacking 3-4-3 formation which soon saw the team 3-0 down after 5 minutes (a managerial disaster class).

After a switch back to a more defensive formation, Stowmarket more than held their own and looked threatening going forward but it was one of them days where every time Ixworth had a small chance, they seemed to score. Harry rose made an incredible double save which kept the score down.

After half time, Stowmarket never gave up and finally got our elusive goal through a great strike from long range from Harry Buckle. Stowmarket continued to push for more goals but unfortunately ran out on the losing side 9-1. The team never gave up, everyone got lots of minutes on the pitch and they were a sheer credit to the school. Well done lads!

Year 10 A team vs County upper

Stowmarket travelled to county upper in the 2nd round of the county cup and when we arrived, there was no team to play. Credit to the P.E teacher from county upper who managed to get together a team in the spare of the moment, so it wasn't a wasted Journey.

Stowmarket played very well and ran out 9-1 winners with plenty of goals for a selection of players who have now scored their first goals ever for the school team. Taking an early 3-0 lead after 5 minutes, this allowed for a switch around in positions and every player getting lots of minutes. Stowmarket are now safely through to the next round of the cup and will play either Beccles or Hartismere. Well done lads!

Fixtures after half term:

Tuesday 5th November:

- Year 7 Netball @ SHS (3:10pm-5:00pm) *G.Whitfield*
- Year 8 Netball @ SHS (3:10pm-5:00pm) *G.Whitfield*
- Year 8 Boys football @ KEGS (3:10pm-5:30pm) *C.Andrews*

Wednesday 6th November:

- Year 7 Boys football @ KEGS (3:10pm-5:30pm) *C.Andrews*

Thursday 7th November:

- Year 9 Netball @ SHS (3:10pm-5:15pm) *J.Howland*