



# PE Newsletter 4th-8th November

## Year 7

### Year 7 Boys Football

The year 7 boy's football team began their West Suffolk cup journey against King Edward VI school on Wednesday. The team started off brilliantly and went 1-0 up from Dylan Grocott's overhead kick. King Edward then started to move the ball well and scored 3 quickfire goals before half time.

Stowmarket started off the second half on the front foot and were knocking on the door. A superb curling effort from Josh Mercer gave Stowmarket hope to push on in the second half. 10-minutes later, Dylan Grocott was played through from a long ball over the top which he met with the end of his toe and slotted past the Kind Edward goalkeeper. Stowmarket's efforts paid off in the second half and the game ended 3-3, which meant that the game was to be decided on penalties. Josh Mercer stepped as Stowmarket's first penalty taker and slotted away brilliantly. Dylan Grocott, then stepped up and scored his penalty to make it 2-2 in the shootout. King Edward's captain smashed his effort against the post giving

Stowmarket the opportunity to progress through to the next round. Captain Jake Fox coolly buried his penalty which meant that Stowmarket got their first win of the year!

Every player in the team played outstandingly well in the second half and they were all rewarded for their efforts. The team go to Mildenhall next for a quarter-final clash.

## Year 7 Netball

The year 7's had their closest game yet, against St Benedict's this week. At the start of the 4th and final quarter they were behind by 3 points. However, some great attacking play in our area from Emily and Olaya saw them take the lead in the last minute and finish with a 1 point lead. Some great play from them all the girls and lovely to see such hard work from everyone, especially in defence. Lola really did work hard up and down the court as centre for all 4 quarters, showing great determination and leadership. Well done everyone!

## Year 8

### Year 8 Boys Football

The year 8 boys played their first County cup game against King Edward VI school on Tuesday. Both sides met in last year's West Suffolk cup which King Edward narrowly won. This year's game was much the same and both sides had opportunities to take the lead. Unfortunately for the team, King Edward went 1-0 up with around 15 minutes to play. Edward Bell came close on multiple occasions, but the ball seemed like it was never going to go in! With 5-minutes to play, King Edward doubled their lead from a fantastic strike from outside the box. The scoreline didn't reflect how the team played and we feel that we should've come away with more.

### Year 8 Netball

A hard fought game for the year 8's this week, against St Benedict's. Despite fantastic leadership, encouragement and attacking play from captain Keri, the girls found themselves behind by 2 going into the last quarter. Great defence from Mylea and Olivia and hard work down the centre from Ellen, gave the girls some great opportunities. Unfortunately, the final score of 15 - 16 gave the girls their first loss of the year. A challenging game for all, but all should be very proud of their efforts. Thanks to the year 11 netball squad for helping to umpire and coach too!

## Fixtures next week:

### Monday 11th November:

- Year 9 Boys Football @ KEGS (3:10pm-5:30pm) *T.West*

### Tuesday 12th November:

- Year 7 Boys Futsal @ SHS (3:10pm-5:30pm) *C.Andrews*
- Year 7 Netball @ SHS (3:10pm-5:00pm) *G.Whitfield*
- Year 8 Netball @ SHS (3:10pm-5:00pm) *G.Whitfield*

### Wednesday 13th November:

- Year 11 Boys Rugby @ Stow RC (1:30- 4:00pm) *G.Whitfield*

### Thursday 14th November:

- Year 7 Girls Rugby (1:30- 4:00pm) *G.Whitfield*
- Year 7 Girls Futsal @ SHS (3:10pm-5:30pm)