



PE Newsletter 2nd-6th December

Year 8/9

U14 Trampolining

On Tuesday two teams of year 8 and 9 students attended the county trampolining finals at Suffolk New College. They competed against 9 other schools across the county. Completing two ten bounce routines they were scored by judges on consistency, control, height and travel.

Team 1 which consisted of Lucy Beckley, Natalie Ruegg, Esme Fox and Layla Kemp came 4th overall with team 2 coming 6th overall (Gracie Williams, Tallula Emmett, Paige Burn and Isla Green).



U14 Mixed Badminton

The year 9 boys had a great afternoon of badminton this week. With single matches from Lewis and Euan and doubles from Leighton and Jack, the boys were undefeated as a team, only losing one match out of nine. Some great play from all and successfully through to the county finals. Great effort boys!

The year 9 girls also had a great afternoon of badminton this week, playing 16 matches and only losing 3. Maddy lead with the singles games brilliantly and Leah, Izzy and Lucy showed great tactical play in their games, playing some tough and very close games. The girls ended up in 2nd place. Well done girls!





Year 10/11

U16 Trampolining



Two u16 trampolining teams also competed in the trampolining county finals on Tuesday. They again faced an array of schools from all over Suffolk! They faced 10 other school teams! 8 girls across year 10 and 11 looked forward to the competition as this was the first time they have been able to compete since the competition has not run since before covid times!

Team 1 was made up of Broni King, Jasmine Randell, Sydnie Wyarrt and Freya Burch. The team showed some excellent high level routines and were pushing for the top spot throughout the day. The gap between 1st and 2nd place was extremely close, with Stowmarket coming a very close second team too a very strong Copleston team. Shout out to Sydnie who competed in her first ever fixture for Stowmarket High school!

The second team were Martha Hardcastle, Bea Catchpole, Clara Owen Stiff and Freya Underwood. They were chasing the heels of team 1 the whole competition but couldn't quite catch them, with there being only a 2 point gap between them! Against some fantastic

routines were shown throughout. Thank you to Freya Underwood who stepped up to fill a gap in the team at the very last moment with little to no practice. This was much appreciated by the team as they came 3rd overall.

Fixtures next week:

Tuesday 10th December:

- Year 8 Dodgeball @ TCC (3:10-5:45pm) W.Hopkin Jones
- U16 Girls football vs Newmarket @ SHS (2:30pm-4:30pm) *J.Howland*

Wednesday 11th December:

- Year 8 Girls Football @ Stowupland High (3:10-4:30pm) F.Harvey

Thursday 12th December:

- Year 9 Netball @ SHS vs St Benedicts (3:10-4:30pm) J.Howland
- Sports Leaders event @ SHS (3:30-5:00pm) W.Hopkin Jones