

Early Help Offer:

We understand families may need extra support during difficult times and recognise the need to support those families through offering early help.

INTERVENTION	SUMMARY
Pastoral Team.	Head of year & Assistant Head of Year Form Tutors Online Safeguarding Lead Prevent Lead Designated Safeguarding Lead Attendance Officer Education Welfare officer
Mentor	Individual 1:1 support offered to students identified with behavior, social & emotional needs.
Time out target cards	Time out cards are provided to students who may need to leave a lesson for personal reasons. Target cards are available for staff to use to ensure students stay on track in lessons or other areas across the school.
Personalised Timetable	Students can be offered a personalized timetable based on their individual need.
Pupil Passport	A pupil passport provided teachers with information regarding individual needs & support required for students.
Suffolk Pupil Support Framework (SPSF)	A 16 week school based programme to support individual students to manage their behavior in order to successfully complete their education in school.
External Agency Support	A Common Assessment Framework (CAF) can be completed with families with a view of Family Support Practitioner (FSP) support.
County Inclusion Support Service (CISS)	County Inclusion Support Service (CISS) is an outreach service to support students with social, emotional & mental health difficulties.
Emotional Wellbeing Hub (EWH) Parent Referral Link	The Emotional Wellbeing Hub provides advice to those experiencing mental health difficulties. An online referral can be completed and a consultation helpline is available.
School Nurse	Students can be referred to a School Nurse for medical or emotional needs.

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The Mix	The mix situated in Stowmarket offers a wide range of support to young people.
Friends of Stowmarket High School (FOSH)	FOSH are volunteers supporting school. Students & the community.
Futures Coordinator	A careers advisor is available in school to provide support for students seeking further education or training.
Diversion Programme	The diversion programme is a voluntary course run by the Youth Justice Service to support students who are at risk of offending or anti-social behavior
Alternative provision	Pupil referral units are available for students who are unable to access mainstream education.
4YP	4YP offer short term counselling to students aged 12-25 to support emotional wellbeing.
Home Start	Home start is a local community network of trained volunteers & expert support helping families with young children through their challenging times.
Suffolk Young Carers	Suffolk Young Carers is a charity offering support to students aged 5-25 who are caring or are affected by a family member who has a physical or mental illness, disability or misuses drugs or alcohol.
In Year Fair Access Panel (IYFAP)	IYFAP is attended to access alternative provision and support for students.
Lighthouse Women's Aid	Lighthouse is an organization to support women and children who are experiencing or are at risk from domestic abuse.
Helping Hands Programme	Helping hands programme is delivered by Family Support Practitioners to students aged 9 – 12 who have experienced or witnessed domestic abuse.
Escape the Trap Programme	Escape the Trap is a programme designed to explain and encourage healthy relationships.

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Turning Point	Turning Point is an organization that provides support for students or parents who are misusing substances.
Bereavement Support	A variety of charities and organisations can be identified to support students and families who have experienced bereavement.
Kooth	Kooth.com offers emotional & mental health digital support for children & young people between the ages of 11 – 24.
The Source	The Source is an organisation offering information, advice and support for young people in Suffolk.
Live Well NHS	Live Well NHS offers advice, tips & tools to help you make the best choices about your health & wellbeing.