



## PE Newsletter 13th-17th January

### Year 8

#### Year 8 Athletics



14 pupils from year 8 took part in an indoor athletics event at Finborough school on Thursday. The event was a combination of both track and field events against other schools

from the local area. Everyone involved worked extremely hard and represented Stowmarket high school with immense pride. A special shout out to Oliver Bird and Ellie Fountain for winning their track event. Additionally, Mollie Bonnett deserves a special mention for stepping in last minute to help out the team. However, everyone involved should be proud of their behaviour and effort throughout the event.

## Year 10

### Year 10 Boys Football

Year 10 Last 16 County cup - Stowmarket 3-2 Hartismere

On a bitterly cold afternoon, Stowmarket progressed through to the quarter finals of the county cup in what was a spectacular, very even game with lots of excitement. The first 20 minutes started very even with both sides having going spells of possessions and creating chances which keepers at both ends making great saves. Stowmarket then took hold of the game and took the lead through Harry Patterson with a good finish in the bottom left corner. A few minutes later, Stowmarket doubled their lead through Jacob Minchin who fired home after a loose ball fell to him in the box. HT 2-0.

Second half and Hartismere came out fighting and within 5 minutes of the restart, they pulled a goal back after a Stowmarket defensive mix up. 2 minutes after and it was level with a superb header from a corner. Hartismere then continued to pile on the pressure with Jimmy Johnson making some unbelievable saves and last ditch defending from Ryan Seagar to keep the team level and in the game. Stowmarket weathered the storm and began to compose themselves on the second half and took the lead with just over 10 minutes to go with a great through ball from Harry who set Jasper Piper 1 on 1 who smashed the ball home for 3-2. Stowmarket then defended resolutely and worked hard as a team to see the game out to progress to the next round.

Well done to the boys for a fantastic team spirit and this is the furthest we have ever gone in the cup and we want to keep this going. Our quarter final match is a home match against Hadleigh or East Point Academy. Credit must go to Hartismere who travelled last minute to Stow so the match could go ahead as the Stow bus wouldn't start!

## Year 11

### Year 11 Girls Badminton- County Finals



On Friday this week, Jess Staines, Jasmine Randell, Eve Caldwell and Martha Hardcastle attended the County Badminton finals after they qualified in 1st place in the previous round in December. Here they faced the best teams in Suffolk. They faced East Bergholt, St Felix, Copleston, KEGS and Debenham.

Facing a number of county badminton players, the girls did extremely well, beating King Edwards and Copleston and narrowly losing to East Bergholt, St Felix and Debenham.

The girls came 4th overall in Suffolk which is a great achievement!

### Fixtures next week:

#### Monday 20th January:

- Year 10 Boys Football @ KES (3:10pm-5:30pm) *D.Wise/ L.Andrews*

#### Tuesday 21st January:

- Year 7 Indoor Athletics @ Finborough School (3:30pm-6:00pm) *G.Whitfield*
- Year 11 Boys Handball vs St Benedicts @ SHS (3:10pm-5:30pm) *D.Wise*

**Wednesday 22nd January:**

- Year 10 Boys Handball vs County Upper (3:10pm-5:30pm) *D.Wise*

**Thursday 23rd January:**

- Year 9 Boys Football vs TCC (2:00pm-4:30pm) *T.West*
- Sports Leaders event @ SHS (3:15-5:30pm) *J.Howland*