Stowmarket High School
PSHE
Learning Journey

Stowmarket High School
THE FUTURE · OUR BUSINESS

CAREERS at Stowmarket High School

Employability Skills taught in PSHE:

- Staying positive
- Independence
- Teamwork
- Listening
- Problem Solving
- Communication

GCSE Exams

- A level
- BTEC courses and apprenticeships
- T levels

Year 11

County Lines
Prevent and Radicalisation
Disrespect Nobody
Toxic, Abusive Relationships and Domestic Violence
LGBTQ+
Should We Legalise Cannabis
Loss And Bereavement
Male Fertility
Mental Health
Male Mental Health
Sexual Health STIs
Healthy and Unhealthy Relationships
Self Exam, FGM, Menopause
Marriages
LGBTQ+
Pregnancy, Abortion and Miscarriage

Year 10

Smashed Online
Gambling
Serious Organised Crime
Online Safety
Gangs and Knives
Debt, Payday Loan and APR
County Lines
Male Mental Health
Eating Disorders
Parenthood
Exploring Donation
Loss And Bereavement
First Aid
Contraception Pros and Cons

Year 9

Transgender
FIT Stonewall
Pornography
Consent and the Law
Vaping
Body Confidence
First Aid
Loss And Bereavement
Cancer
Exercise
Smoking
Sex When? Contraception
Working Out Relationships
Drugs
Mental Health
LGBTQ+
Organ Donation
Drugs
Healthy Eating and Drinking
The Courage To Fail

Year 8

Road, Cycle, Personal and Drowning Safety
Budget to Mars
Staying in Control of Money
Protected Characteristics
British Values
Disabilities and Autism Awareness
Rights and Responsibilities
British Values
Prejudice, Racism and Intolerance
Bullying
Something's Not Right
Online Gaming
Body Image
The Chimp
Mindfulness
Mental Health
Why Do people Join Gangs
Extremism
Equality
LGBTQ+
Babies in Same Sex Relationships
Online Friendships, Sharing Photos and Videos

Year 7

Diversity and Culture
Online Safety
LGBTQ+
Consent
Coercive Friendships
Bullying
Loneliness
Helpful and Unhelpful Thinking
Sleep
Well Being
Unwanted Contact
Puberty
Friendships
First Aid
Drugs and Alcohol
Managing Anger
Meditation and Relaxation

welcome