

WEEK ONE 14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 8th Sept, 29th Sept, 20th Oct

|               | Green Earth<br>Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---------------|--|--|--|--|---|
| ST*R<br>DISH  | Spring Harvest<br>Quesadilla with<br>Cheese, Potato,<br>Spring Onion and<br>Tomato Salsa (V) | Chilli BBQ Beef & Bean Ragu with Penne   | Roast Chicken with Gravy & Roasties                        | Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice   | Sustainably<br>Sourced Battered<br>Fish & Chips<br>Grilled Sausage &<br>Chips |
| MEAT          | Crispy Onion Mac<br>& Cheese (V)   | Falafel Power Bowlwith Hummus, Grains, Rice & Salad (Ve)                                 | Roast Quorn with<br>Gravy & Roasties                       | Roasted Coriander<br>Sweet Potato &<br>Chickpea with<br>Tomato & Coconut<br>Dhal with Steamed<br>Mixed Rice (Ve) | Cheese & Tomato<br>Pizza<br>&Wedges/Chips                                     |
| ĞRAB<br>& GO- | Pork Sausage Roll  | Oven-Baked Onion<br>Bhaji Burger &<br>Wedges   | Fish Finger Bap  | Loaded Wedges with BBQ Pork, Beans & Roasted Sweetcorn   | Pepperoni Pizza   |
|               |  |  |  |  |   |
| PTT 'N' TASTY | Tomato & Basil<br>Pasta  | Chicken Tikka &<br>Steamed Rice  | Avocado Pulse<br>Buddha Bowl                               | Sweet & Sour<br>Chicken & Rice   | 4   |
| SIDES         | Broccoli,<br>Baked Beans<br>A A A A<br>Mixed Salad, Crisp<br>Garlic Bread                    | Fajita Roasted<br>Sweetcorn &<br>Peppers, Persian<br>Slaw,<br>Baked Beans<br>Mixed Salad | Country Mixed<br>Vegetables,<br>Baked Beans<br>Mixed Salad | Baked Beans  Garden Salad, Sri Lankan Vegetable Salad, Wedges  | Peas,<br>Baked Beans<br>A A A<br>Mixed Salad                                  |
|               | Marble Cake  | Iced Sponge  | Ginger Cake &<br>Custard                                   | Giant Chocolate<br>Cookie  | Apple Crumble &<br>Custard  |





















WEEK TWO 21st April, 12th May, 2nd June, 23rd June, 14th July, 25th Aug, 15th Sept, 6th Oct, 27th Oct

|                  | Green Earth<br>Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|------------------|---|--|---|---|---|
| ST#R<br>DISH     | Cheese & Tomato 'Pizza' Macaroni Cheese (V)                         | Kashmiri Spice<br>Bowl with Beef,<br>Lentils & Mixed<br>Rice                             | Roast Gammon<br>Crispy Roasties &<br>Pan Gravy              | Meatballs with<br>Cheese and<br>Arrabbiata Sauce<br>& Penne Pasta | Sustainably Sourced Battered Fish & Chips  Oven Baked Chicken Nuggets & Chips |
| MEAT             | Buffalo Cauliflower<br>& Mixed Bean<br>Burrito                      | Cheesy Quorn<br>Meatballs with<br>Arrabbiata Sauce<br>& Penne Pasta                      | Roasted Sweet Potato & Cheese Tart with Roast Potatoes      | Vegemince<br>Cottage Pie  | Cheese & Tomato<br>Pizza<br>& Wedges/Chips                                    |
| ĞRAB<br>& GO-    | Vegetable Chilli &<br>Rice  |  | Pasta Primavera<br>(Ve)                                     | Sticky Honey<br>Hotdog & Onions                                   | Pepperoni Pizza & Wedges/Chips  |
| P酒T 'N'<br>TASTY | Pesto Pasta   | Tomato & Basil<br>Pasta  | Cheese Pasta Pot  | Veggie Pasta Pot  |   |
| SIDES            | Broccoli,<br>Baked Beans<br>,<br>Mixed Salad, Crisp<br>Garlic Bread | Fajita Roasted<br>Sweetcorn &<br>Peppers, Persian<br>Slaw,<br>Baked Beans<br>Mixed Salad | Seasonal Mixed<br>Vegetables,<br>Baked Beans<br>Mixed Salad | Baked Beans  Asian Slaw, Garlic Green Beans, Garden Salad         | Peas,<br>Baked Beans<br>A A A<br>Mixed Salad                                  |
|                  | Lemon & Blueberry<br>Slice with Custard                             | Flapjack   | Iced Vanilla<br>Sponge with<br>Custard                      | Jam Sponge<br>or Cornflake Cake                                   | Giant Chocolate<br>Cookie   |











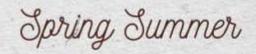












WEEK THREE 28th April, 19th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov

|                     | Green Earth<br>Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---------------------|--|--|---|---|---|
| ST*R<br>DISH        | Roasted<br>Cauliflower<br>Cheese Tart with<br>Homebaked Potato<br>Wedges | Beak Street<br>Chicken with<br>Savoury Rice &<br>BBQ Glaze | Greek Style Layered Beef & Pasta Bake Roast Chicken with Gravy & Roast Potatoes | Butter Chicken & Chickpea Curry with Rice                       | Sustainably Sourced Battered Fish & Chips  Oven Baked Chicken Goujons & Chips |
| MEAT                | Vegetable<br>Bolognese Pasta<br>with Garlic Bread<br>Slice               | Brazilian<br>Vegetable Stew<br>with Savoury Rice<br>(Ve)   | Greek Style<br>Vegetable<br>Pastitsio (Layered<br>Pasta Bake)                   | Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V) | Cheese & Tomato<br>Pizza & &<br>Wedges/Chips                                  |
| ĞRAB<br>& GO-       | Vegetable<br>Cheeseburger (V)  | Cheese & Tomato<br>Pizza                                   | Pork Sausage Roll   | BBQ Chicken<br>Wrap   | Pepperoni Pizza   |
| PET 'N' TASTY       | Vegetable Tikka<br>Masala with Mixed<br>Rice                             | Pesto & Penne<br>Pasta                                     | Oriental Chicken &<br>Rice  | Tomato & Basil<br>Pasta Pot (Ve)                                |   |
| SIDES               | Broccoli,<br>Baked Beans<br>Mixed Salad,<br>Crisp Garlic Bread           | Baked Beans  Garden Salad, Roasted Sweetcorn, Wedges       | Italian Garden<br>Salad,<br>Country Mixed<br>Vegetables                         | Baked Beans<br>,<br>Steamed Broccoli                            | Peas,<br>Baked Beans<br>,<br>Mixed Salad                                      |
| T@DAY'S<br>DESSERTS | Jam Sponge   | Marble Chocolate Sponge with Custard                       | Lemon Drizzle<br>Cake   | Iced Orange &<br>Ginger Traybake<br>with Custard                | Giant Vanilla<br>Cookie   |

