

PE Newsletter 3rd-7th March

Year 7

Year 7 Boys Rugby



An amazing afternoon was had by the year 7 rugby team this week. As the smallest squad amongst the West Suffolk teams, the boys certainly did not let this hold them back. They worked fantastically together, showing confidence in each others skills and abilities, allowing some lovely rugby being shown! Player of the tournament would have to go to Charlie for his outstanding tackles, decision making and overall effort, leading the boys through every game. James made excellent contribution to the forwards with his early tackles and rucking, and also made a number of strong runs gaining many metres on the pitch. Henry was a great support runner, working well in the rucks and scoring. Dylan at scrum half was a great link player along with Daniel and made a number of great runs with tries at the end. Camron made some try saving tackles, was the voice in defence and also got on the score board. Jake and Jake made an outstanding pairing in the backs, working tirelessly to break through lines and covering lots of ground in their runs, resulting in a number of scores. Martin at full back was a good support and made some great runs through the line to gain space.

The boys won every game, against a number of big squads and well drilled sides. A fabulous show of teamwork and sportsmanship which they should all be very proud of. Well done all!

Year 8





On Tuesday, the Year 8 boys' futsal team competed in the county finals at Suffolk New College, facing tough opposition from Mildenhall, Sir John Leman, East Bergholt, Samuel Ward, and Stowmarket. Each team battled it out for a chance to advance to the regional finals.

Stowmarket started strong with a hard-fought 2-1 victory over Mildenhall, thanks to goals from Caleb Green and Oliver Brimelow. They followed up with a draw against East Bergholt before narrowly losing to Samuel Ward, the eventual tournament winners.

In their final match against Sir John Leman, the stakes were high—a win would secure second place in the entire county. Rising to the occasion, the boys delivered a determined performance, sealing a crucial 1-0 victory.

The team displayed great skill, resilience, and teamwork throughout the competition and should be incredibly proud of their achievements. Well done, boys!

Year 8 Boys Rugby



The year 8's had their Suffolk tournament at Ipswich this week and did themselves and the school proud, with some lovely rugby being played. Captained and leading by example William made some try saving tackles and turned over play on a number of occasions. Rhys was the first to start off our tries for the afternoon and continued to make a difference amongst forwards play and scrums. Fantastic and confident runs from Bailey, Caleb and Roman allowed them to score in most of the games and kept the opposition on their toes. Cody also got on the score board and along with Ryan, Ben and Frasier made some outstanding tackles and supported brilliantly in the rucks. Preston and Ashley were great support runners and vital in the scrums, allowing the ball to be passed via Ben J to the backs; where Oliver, Flynn, Seth and Harrison were able to make some great runs and pass down the line. Winning 3 out of 4 of their games, fantastic effort by all, well done boys!

Fixtures next week:

Monday 10th March:

U15 Boys Handball @ TCC (3:10-5:45pm) D.Wise

Tuesday 11th March:

Year 9/10 Mixed Volleyball @ County Upper (3:10-6:00pm) J. Howland

Wednesday 12th March:

- Year 7 Boys Rugby @ Ipswich School (12:30-4:00pm) G.Whitfield
- Year 11 Tchoukball @ KEGS (3:10-6:00pm) J.Howland

Thursday 13th March:

- Year 11 Handball @SHS
- Boccia & Kurling @ Stowupland (3.10- 4.30) G. Whitfield